

Sheffield Health and Social Care

NHS Foundation Trust



Recovery Education Unit

Our Other Courses

Recovery & Values Based Practice

Recovery Focussed Family Work

Online Courses

Recovery in Mental Health
An on-line Introduction

Mental Health Awareness (online)

How do I apply?

Places are offered on a first come first served basis and are funded by SSPRD (Specialist Skills Post Registration Development) for staff and service users in the Yorkshire and Humber SHA region.

POST GRADUATE DIPLOMA, RECOVERY IN MENTAL HEALTH (LEADING TO MSC IN ADVANCING PROFESSIONAL PRACTICE)

This course is normally a two-year course The Recovery Education Unit teaches the (1st) Certificate and (2nd) Diploma years. For those who wish to go on, the final year of the Masters course is taught at Sheffield Hallam University, Faculty of Health and Well Being. The curriculum is designed to move from an exploration of the foundations of modern mental health care, to an understanding of current responses to people with mental health problems and their families.

It examines psychological approaches and acknowledges the impact of social attitudes and organisations in relation to mental health.

Recovery principles permeate the curriculum and value based thinking are central to the course.

Knowledge and skill development are assessed by the submission of four assignments per year. One module each year is delivered by Sheffield Hallam University, Critical Thinking (year 1) and Research Methods for Practice (year 2)

Who Are We?

**It has been great to be informed and have time to reflect on the subject and how recovery principles can be applied in practice.

Clinical supervision has given me confidence to apply new knowledge to practice **

The Recovery Education Unit is based at Fulwood House in Sheffield and is part of Sheffield Health and Social Care Trust. Our academic team have a wide range of expertise, including lived experience of mental health problems, which we use to develop and provide education which is designed to challenge traditional notions and promote contemporary thinking about mental health practice.

We hope to equip people interested in mental health with a framework to enable them to develop the skills, knowledge and attitudes necessary to help people recover and to influence recovery implementation within their area of interest.

All our courses are funded by Health Education
Yorkshire & Humber (Specialist Skills Development)

Please Contact us for More Information

www.recoveryeducationonline.org



Recovery Education Unit

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